National Transgender Resources

ADVOCACY/COMMUNITY SERVICES/RESOURCES:

- A4TE (Advocates for Trans Equality) law, policy, education, advocacy 228 Park Ave South, PMB 38268 NY, NY 10003 (202) 642-4542
 - https://transequality.org/
- ACLU (American Civil Liberties Union) litigation & advocacy, trans rights, 125
 Broad Street, 18th Floor, NY, NY 10004 (212) 549-2500
 - https://www.aclu.org/issues/lqbtq-rights/transgender-rights
- Audre Lorde Project TransJustice Group 85 South Oxford Street, Brooklyn, NY, 11217 (718) 596-0342
 - https://alp.org/TransJustice
- Black Trans Men Inc mentoring/housing/health/work/leadership 1-855-454-9310
 - https://blacktransmen.org/
- Black Trans Women Inc Sister's Keeper Emergency Aid 1-855-446-5691
 - https://blacktranswomen.org/#our-empowerher-services
- CenterLink find your closest LGBTQ+ Center QChat Space Here
 - https://www.lgbtqcenters.org/LGBTCenters
- Colage "queerspawn" support (folks w/trans parents) PO Box 29295 Providence, RI 02909
 - https://colage.org/event/people-with-trans-parents-11/
- Equality Federation Anti Trans Legislation Tracker
 - https://www.equalityfederation.org/tracker/cumulative-anti-transgender
- FORGE transgender aging network, P.O. Box 1272, Milwaukee, WI 53201, (414) 559-2123
 - https://forge-forward.org/resource/transgender-aging-network/
- GALAP (Gender Affirming Letter Access Project) find a letter writing provider
 - https://www.thegalap.org/
- Genderbands transition costs assistance, 51 West Center Street #341 Orem, Utah 84057
 - https://www.genderbands.org/
- GenderSpectrum youth support, Box 1044 2930 Domingo Ave, Berkeley, CA 94705
 - https://www.genderspectrum.org/home
- GLAAD Transgender Media Program (Gay Lesbian Alliance Against Defamation)
 - https://glaad.org/transgender/
- GLAD Transgender ID Project (GLBTQ Legal Advocates & Defenders) 18 Tremont, Suite 950 Boston, MA 02108 (617)426-1350
 - https://www.glad.org/id/
- GLSEN advocacy for LGBTQ+ students 244 Madison Ave #108 NY, NY 10016 (212) 727-0135 ex 6565
 - o https://www.glsen.org/

- GSA Network trans & queer youth uniting for racial & gender justice 548 Market St, Suite 53568, San Francisco, CA 94104 (415) 552-4229
 - https://gsanetwork.org/
- Healthy Trans informational resource
 - https://www.healthytrans.com/
- Hudson's FTM Guide resource guide (last updated 2017)
 - o https://www.ftmquide.org/
- HRC (Human Rights Campaign) transgender info resource, navigating insurance
 1640 Rhode Island Ave. N.W. Washington, DC 20036 1(800)777-4723
 - o https://www.hrc.org/resources/transgender
- InterACT advocacy for individuals w/intersex bodies 365 Boston Post Road Suite 163, Sudbury, MA 01776 (707) 793-1190
 - https://interactadvocates.org/
- LAMBDA LEGAL legal assistance 120 Wall Street, 19th Floor, NY, NY 10005 (212) 809-0161
 - https://lambdalegal.org/issues/transgender-nonbinary-rights/
- MMAA (Modern Military Association of America) LGBTQ+ military service 1725 I
 (Eye) St NW, Suite 300, Washington DC, 20006 (202)328-3244
 - https://modernmilitary.org/
- NASW Gender-Affirming Care Resources
 - https://www.socialworkers.org/About/Ethics/Ethics-Education-and-Resources
 es/Gender-Affirming-Care-Resources
- National Black Trans Advocacy Coalition health/housing/employment 1925 E Belt Line Rd #442, Carrollton, TX 75006 1-855-624-7715
 - https://blacktrans.org/
- Out2Enroll health insurance enrollment assistance
 - https://out2enroll.org/enrollment-help/
- PFLAG trans resource guide, find a chapter, Straight For Equality (guide for trans allies)
 - o https://pflag.org/
- Rainbow Railroad refuge/asylum seekers, 575 5th Avenue, Unit 15-135, NY NY, 10017
 - https://www.rainbowrailroad.org/
- Reddit Trans Resources
 - https://www.reddit.com/r/Trans_Resources/wiki/support/index/#wiki_conne cting_to_others
- REFUGE Restrooms "safe" bathrooms database
 - o https://www.refugerestrooms.org/
- SAGE Advocacy & Services for LGBTQ+ elders (212) 741-2247
 - https://www.sageusa.org/
- SLRP (Sylvia Rivera Law Project) trans liberation advocacy, trainings, legal service, 147 W 24th St, 5th Floor NY, NY 10011 (212) 337-8550
 - https://srlp.org/
- Strands for Trans registry of trans-affirming hair/beauty/wellness businesses

- https://strandsfortrans.org/
- Susan's Place Trans resource guide
 - https://www.susans.org/
- TAVA (Transgender American Veterans Association) 2020 Pennsylvania Ave. Suite 465 Washington D.C., DC 20006 (516) 828-2911
 - https://www.transveteran.org/become-a-member
- TCNE Transgender Conferences List 198 Tremont St., Suite 413 Boston, MA 02116
 - https://tcne.org/transgender-conferences/
- The Williams Institute research, education, advocacy, (310) 267-4382
 - https://williamsinstitute.law.ucla.edu/subpopulations/transgender-people/
- TG Forum blogs, news, editorials, etc
 - https://tgforum.com/
- TJFP (Trans Justice Funding Project) funding initiative
 - https://www.transjusticefundingproject.org/
- TLDEF (Trans Legal Defense & Education Fund) (646)862-9396
 - https://www.transgenderlegal.org/
- TransAthlete.com site by @TheChrisMosier
 - o https://www.transathlete.com/
- Trans Bucket transition care information
 - https://www.transbucket.com/
- Trans Doe Task Force missing trans persons assistance
 - https://transdoetaskforce.org/
- Trans Families community engagement
 - o https://transfamilies.org/
- TransfamilySOS.org support 12463 Rancho Bernardo Rd, Suite 218 San Diego, CA 92128
 - o https://transfamilysos.org/
- Trans Formations Project legislative info/advocacy
 - https://www.transformationsproject.org/
- Transhealthcare.org find a qualified surgeon for gender-affirming care
 - https://www.transformationsproject.org/
- Transgender Law Center legal service, policy, education
 - https://transgenderlawcenter.org/
- Transgender Map transition guide by Andrea James
 - https://www.transgendermap.com/
- Transguys.com online magazine
 - https://transguys.com/
- Trans Latin@ Coalition trans latina advocacy
 - https://www.translatinacoalition.org/
- Trans Rescue refuge/asylum seekers
 - https://transrescue.org/
- Trans Resistance Network mutual aid
 - https://transresistancenetwork.wordpress.com/

- TransTech Social economic empowerment
 - https://transtechsocial.org/
- Trevor Project crisis intervention/suicide prevention, support/resources
 - https://www.thetrevorproject.org/
- TSER Trans Students Educational Resources
 - o https://transstudent.org/
- TWOCC Trans Women of Color Collective FB page
 - https://www.facebook.com/twocc.org/
- TYEF Trans Youth Equality Foundation
 - https://www.transyouthequality.org/

COMING OUT

- Folx Health, Coming Out at Work
 - https://www.folxhealth.com/library/how-to-transition-at-work
- Folx Health Coming Out as Parent
 - https://www.folxhealth.com/library/coming-out-to-your-kids-as-trans-a-guid e-for-parents
- HRC "Living Authentically"
 - https://www.hrc.org/resources/coming-out-living-authentically-as-transgen-der-or-non-binary
- GenderGP Coming Out at Work
 - https://www.gendergp.com/coming-out-at-work/
- GLSEN 6 Considerations
 - https://www.glsen.org/blog/6-considerations-queer-youth-coming-out
- PLAG
 - https://pflag.org/?s=coming+out
- Planned Parenthood
 - https://www.plannedparenthood.org/learn/gender-identity/transgender/coming-out-trans
- Point of Pride
 - https://www.pointofpride.org/blog/coming-out-as-a-trans-or-non-binary-you
 https://www.pointofpride.org/blog/coming-out-as-a-trans-or-non-binary-you
 https://www.pointofpride.org/blog/coming-out-as-a-trans-or-non-binary-you
 https://www.pointofpride.org/blog/coming-out-letter-support-resources
- Talkspace
 - https://www.talkspace.com/blog/coming-out-as-transgender-everything-you-need-to-know/
- TransFamilySuportServices
 - o https://transfamilysos.org/coming-out-guide/
- TransHub
 - https://www.transhub.org.au/coming-out
- Trevor Project "Coming Out Handbook"
 - https://www.thetrevorproject.org/resources/guide/the-coming-out-handbook//
- TYEF

https://www.transyouthequality.org/coming-out

GEAR

- Free Femme Shapewear from Point of Pride
 - o https://www.pointofpride.org/free-femme-shapewear
- GC2B
 - https://www.gc2b.co/
- Get Your Joey
 - https://www.getyourjoey.com/
- Peecock Products
 - https://peecockproducts.com/
- Rubies
 - https://rubyshines.com/
- Trans Essentials Free Youth Binder Program
 - https://www.ftmessentials.com/collections/all
- TransGuySupply
 - https://transguysupply.com/
- Trans Tool Shed
 - https://transtoolshed.com/
- TranZwear
 - https://www.tranzwear.net/store.php?seller=TranZwear&pg=5694

GENDER AFFIRMING HEALTHCARE

- Appalachian Breast Feeding Network (888) 588-3423
 - https://www.appalachianbreastfeedingnetwork.org/
- Center of Excellence for Transgender Health resources, education, research UCSF School of Medicine, 550 16th Street, 3rd Floor UCSF Mail Code 0886 San Francisco, CA 94158
 - https://prevention.ucsf.edu/transhealth
- Elevated Access GAC support/access (872)246-8913 PO Box 6806 Champaign, IL 61826
 - https://www.elevatedaccess.org/get-help/gender-affirming-care
- Folx Health Online GAC by membership
 - https://www.folxhealth.com/
- FTMsurgery.net female to male surgery info site
 - o https://www.ftmsurgery.net/
- Gender Confirmation Center extensive resource hub for gender affirming surgery Suite 1010, 450 Sutter St San Francisco, CA 94108 (415) 780-1515
 - https://www.genderconfirmation.com/
- Ohio Syringe Programs list of needle exchange sites
 - https://www.harmreductionohio.org/ohio-syringe-programs-new-hro-list-wit
 h-all-locations-and-hours/
- LGBTQ Health Care Directory find a LGBTQ+-friendly doc near you by zip code
 - https://lqbtghealthcaredirectory.org/directory

- Marci L. Bowers, MD Gynecology/Surgery 345 Lorton Ave, Suite 10 Burlingame, CA 94010 (650) 570-2270
 - https://marcibowers.com/
- Masculinizing and Feminizing Hormone Replacement Therapy by Dr. Bernadette Kiraly, 2020
 - https://www.youtube.com/watch?v=ek_VVIYqTRQ
- Milan Laser Hair Removal Transgender Laser Hair Removal Info Here, various locations, 1-833-NO-RAZOR
 - https://milanlaser.com/
- MTFsurgery.net male to female surgery info site
 - o https://www.mtfsurgery.net/
- OutCare Health find a provider
 - https://www.outcarehealth.org/
- QueerMed telehealth (404) 445-0350
 - https://queermed.com/
- Phallo.net phalloplasty info site
 - o https://www.phallo.net/
- PlannedParenthood national number: 1-800-230-7526
 - https://www.plannedparenthood.org/get-care/our-services/gender-affirming
 -care
- Transgender Care Conference Adult HRT youtube video by Minghao Liu, MD, 2020
 - https://www.youtube.com/watch?v=2z-UxxOVdY0
- Trans Health Care find a surgeon
 - https://www.transhealthcare.org/
- Trans Safer Sex Guide by HRC & Whitman Walker Health
 - https://assets2.hrc.org/files/assets/resources/Trans Safer Sex Guide FIN AL.pdf? ga=2.257474766.4100834.1516223336-988889698.1486066047
- TopSurgery.net top surgery info site
 - https://www.topsurgery.net/
- VoiceMasculinizationSurgery Dr Rick Troy
 - https://www.ricktroy.com/voice-masculinization-surgery-for-ftm-transgender/
- VoiceFeminizationSurgery YesonVoice Center youtube video, 2020
 - https://www.youtube.com/watch?v=PsgNuGDzMQo

MENTAL HEALTH:

- Manhattan Alternative affirmative provider database
 - https://www.manhattanalternative.com/
- National Queer & Trans Therapists of Color Network
 - o https://ngttcn.com/en/
- Trans Care Connect "Warmline" trauma-trained, volunteer-led, hotline & support/resources 1-866-708-6446
 - https://www.transohio.org/emergency-resources

- Trans Lifeline emergency mental health support by & for trans people 1-877-565-8860
 - https://translifeline.org/
- Trevor Project connect to a crisis counselor 24/7, 365 days per year Text 'START' to 678-678 or Call us at 1-866-488-7386 or start a chat online here
 - https://www.thetrevorproject.org/get-help/

PODCASTS:

- Black Girl Dangerous "amplifying the voices of queer & trans people of color"
 - https://www.bgdblog.org/about-bgd/
- Gender Reveal "explores the vast diversity of trans experiences through interviews"
 - https://www.genderpodcast.com/
- Marsha's Plate "three friends come together every Thursday to share opinions & perspectives through a black trans lens"
 - https://diamondstylz.com/marshas-plate/
- Men Like Us trans-amorous Christopher Patterson works to de-stigmatize his community
 - https://podcasts.apple.com/us/podcast/men-like-us-podcast-with-chris-patt erson/id1524353927
- Miss Mouthy by Racquelle Trammell, trans women of color in Detroit
 - https://open.spotify.com/show/2O1bPBFHSj5kb4nTlldBOR
- One From the Vaults all the dirt, gossip, & glamour from trans history by Morgan M Page
 - https://soundcloud.com/onefromthevaultspodcast
- Purple Royal "issues & stories affecting trans and intersex lives in Zimbabwe"
 - https://podcasters.spotify.com/pod/show/purple-royale
- The Buckeye Flame "amplifies the voices of LGBTQ+ Ohioans"
 - https://thebuckeyeflame.com/category/podcasts/
- The Transgenda "chronicle of Ana, a transgender woman & Cam, her cisgender dad, as they share their experiences of growing together"
 - https://transgendapod.com/
- The Trans Narrative "intimate conversations celebrating gender diversity, friends,
 & community, helping change the narrative around the trans experience"
 - https://www.facebook.com/Transnarrative/
- The Trans Truth "news, interviews, items of interest, & opinion (Oh, lots of opinion, honey) on all aspects of the transgender experience."
 - https://www.deezer.com/us/show/3481637
- Trans in the South "transgender stories with a uniquely southern flavor"
 - o https://queerpodcasts.net/podcasts/trans-in-the-south-podcast/
- Trans Mafia "for & about the transgender, Enby & gender rebellious communities"
 - https://podnews.net/podcast/i3gkg

World Professional Organization for Transgender Health (WPATH)

www.wpath.org

Intelligent

LGBTQ college resource

Lucas County Name Change Information

http://lucas-co-probate-ct.org/forms

Trans Ohio

www.transohio.org

*The information provided on these pages is for general information purposes only and is subject to change. Equality Toledo assumes no liability or endorsement for the information provided or its use. Services will be temporarily removed until further reviewed if Equality Toledo receives negative feedback. To provide updates to the information listed, please email info@equalitytoledo.org.